



Building better tomorrows

FOR MISSOURI CHILDREN AND FAMILIES

Parenting is the most challenging job in the world. Parents often learn as they go; there is no training manual or set of instructions to follow. Along the way, it can get tough. While some struggles are temporary, the repetitive demands of parenthood can be stressful. The LFCS Parenting Program equips new, expecting, and experienced parents with the skills to manage life's stresses effectively. Through evidence-based practices, our clients learn to create and maintain safe, stable homes for their children, ultimately reducing the risks of abuse and neglect.

LFCS PARENTING SERVICES

Director: Heather Wall, MS, LPC, CRADC

LFCS teaches the importance of self-care, so parents can be at their best for their children.

Parenting Services

LFCS Parenting Services help pregnant women and parents through intensive case management, supportive counseling, evidence-based parent education, and relevant referrals. Our goal for each family is to achieve a safe and stable home environment while decreasing the risk of child abuse or neglect. With pregnant clients, we help identify and address life stressors in order to achieve healthy birth outcomes. For clients parenting young children, we provide education and encouragement that promotes positive brain development and improve school readiness.

Birth Parent Services

Considering adoption is an extremely personal experience, and one that requires accurate information and support so that birth parents can make the best decision for their lives. LFCS provides birth parents with independent caseworkers to work with throughout pregnancy, whether they choose to parent or make an adoption plan. We support the birth parents' needs and wishes as they make their decision, connect with an adoptive family, plan for the hospital, and decide about openness. LFCS will continue to be with birth parents through support groups and referrals for as long as necessary.

TO LEARN MORE, CONTACT US TODAY AT 866-326-LFCS (5327) OR VISIT LFCSMO.ORG.

A report of child abuse is made every ten seconds, 18.3 % of children and families live in poverty, suicide is the second leading cause of death for youth and young adults, and nearly 1 in 10 students do not graduate high school.

These are not just statistics to worry about today. These societal issues have long-term health and financial impacts that, if ignored, will be catastrophic for generations to come. Lutheran Family and Children's Services aims to create measurable change in these metrics by providing quality services that offer solutions for Missouri's children and their families. Our holistic approach includes Behavioral Health, Parenting, Foster Care, Adoption and Child Development Service. We create and preserve safety by ensuring parents and caregivers have the skills, knowledge, and resources to maintain healthy relationships. We work with children and adults to establish social, emotional, and financial stability. And to promote sustained well-being, we make sure children have the skills, knowledge, and resources to successfully progress through school.

LFCS is proud to be a leader in prevention and intervention services that address vicious and devastating issues like child abuse, poverty, mental health issues and lack of education. We meet our clients where they are in life and deliver compassionate support and guidance so that they can improve their lives. But we cannot do it alone. LFCS is just one member of a team of public and private partners working to improve these staggering statistics. Together, we work to drive change.

The future of Missouri depends on it.

